

Bay Circuit Trail & Greenway

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CYCLING THE BCT... a note from the coordinator

A busy summer season has begun the transition to autumn, and I have no idea where the time has gone. The leaves are beginning to turn, and the wet humidity of July and August have dried up into a crisp fall. As a lover of summer, I'm sad to see our days grow shorter and colder, but I'm determined to find some warmth and community in this darker season. I figure I can't be the only one in need of some motivation to stay active during the fall.

As such, Sarah and I have organized a Wednesday Night Ride Series on the rail trails that overlap with BCT. I encourage you to join us for some spookier evening rides where we will deck ourselves out with lights, glowsticks, and neon, drink warm cider among new friends, and celebrate the turn of the season. See page 3 for more details about this cycle series.

Please send BCT updates, stories, photos, and news to astearns@outdoors.org or sdolan@outdoors.org to be included each month!

EVENTS – SEPT & OCTOBER

- Sept 17th** – BCT Appleton Farms Evening Stroll (w/ Sarah Dolan)
- Sept 20th** – Invasive Species Removal Volunteer Work Day, BCT, Easton (w/ Narragansett Chapter)
- Sept 21st** – Let's Hike Cleveland Farm State Forest, Rowley, MA (w/ Richard Lombard)
- Sept 19th-21st** – AMC Trails Skills College Fall Semester in Russel MA! (w/ AMC Trails Staff)
- September 24th** – Transit to Trails: Boston to Lincoln on the BCT (w/ Amber Stearns)
- Sept 27th** – Ipswich Open Space Festival
- Sept 27th** – Noble View Native Bog Bridge Construction (w/ Connor Piechota) *see pg4 for more info*
- October 2nd** – Evening Ride on the Mass Central Rail Trail: Beginner Friendly (w/ Amber Stearns)
- October 3rd** – Medfield BCT Trail Maintenance (w/ Amber Stearns)
- October 9th** – Medfield Women's Night Hike (w/ Amber Stearns)
- October 11th** – Medfield BCT Hike (Details Incoming) (w/ Amber Stearns and George Lester)
- October 15th** – Wednesday Night Rides: Bruce Freeman Rail Trail (w/ Amber Stearns & Sarah Dolan)
- October 19th** – An Epic Traverse of the Appleton Branch of the Bay Circuit Trail (w/ Pam Richardson, Jon Unger, & Mark Kaluzny)
- October 22nd** – SPOOKY FAMILY FRIENDLY Wednesday Night Rides: Mass Central Rail Trail (w/ Amber Stearns)
- October 29th** – Wednesday Night Rides & Family Halloween Fun – Details Incoming! (w/ Amber Stearns & Sarah Dolan)



AUGUST & SEPT EVENT HIGHLIGHTS

A series of volunteer events and social activities across the BCT have introduced some new friendly faces to the magic of the Bay Circuit Trail! Check out the photos and recaps from some of these events and projects:

Pedal Power @ The Museum of Science:

Sponsored by HubLuv, the Museum of Science hosted Pedal Power, an event geared towards exposing families to the cycling opportunities around Boston!

AllTrails Staff Volunteer Day:

Three brave volunteers from the AllTrails staff came out to construct a new section of trail in Southborough, MA, bushwacking and cutting through hundreds of feet of poison ivy and other vegetation. Tyvek suits saved the day! The new trail construction will eventually provide a safer route to bypass RT 30, making both the Bay Circuit Trail and the Borough's Loop Trail much safer.

Learn to Ride Bike Class:

Sarah Dolan's Learn to Ride classes came to a satisfactory conclusion once the school year started back up. Sarah is thrilled that she was able to teach some young ones to learn to ride bikes – a skill that will hopefully benefit them throughout their lives. Sarah looks forward to running these educational classes again next summer!



FALL CYCLING ON THE BCT

Looking for some new friends to ride bikes with? Need a motivator to get outside even as the days get shorter and colder? Join the BCT Staff on the Mass Central Rail Trail and Bruce Freeman Rail Trail this fall:

WHAT?

Casual after-work rides in the evenings! We will bike about 10mph, chit chat, and have a good time! It will be dusk or dark for these events – spooky! (Bring headlamps, bike lights & reflective clothing: OR notify Amber if you need these)

WHERE?

The Bruce Freeman Rail Trail between Lowell and Sudbury and the Mass Central Rail Trail in Wayland and Weston

WHO?

Some rides will be for adults while others will be family friendly- kids encouraged!

WHAT TO BRING?

Yourself, your friends, your bike, snacks and water, and fun lights for your bike! Dress accordingly – when it's already cold out, riding your bike will make you colder due to wind chill. Make sure you're willing to ride in the dark – the sun sets early in the fall, but that won't stop us!

October 2nd

Evening Ride on the Mass Central Rail Trail: Beginner Friendly

October 15th

Wednesday Night Rides: Bruce Freeman Rail Trail

October 22rd

SPOOKY FAMILY FRIENDLY Wednesday Night Rides: Mass Central Rail Trail

October 29th

Wednesday Night Rides & Family Halloween Fun
Details Incoming

November 5th

Wednesday Night Rides: Reformatory Branch
Details Incoming

November 12th

Wednesday Night Rides
Details Incoming

Building Trail Infrastructure with Connor Piechota:

Ever wonder how native timber bog bridges and rock staircases get built? Want to learn how?

Connor Piechota of AMC Trails Dept is looking for volunteer help!

Register for the events below to gain more trail skills; no experience necessary! If you have questions, reach out to cpiechota@outdoors.org

Please note that these events do not take place on the BCT!

Sept 27th @ Russel, MA

Noble View Native Bog Bridge Construction

October 18th @ Granby, MA

Long Mountain: Stone Staircase Construction

